

OB Provider Screening Guide:

Identifying Opioid Use and Dependence in Pregnant Women and Adolescents

According to the American College of Obstetricians and Gynecologists, early identification of opioid dependence during pregnancy improves maternal and infant outcomes.¹ Screening for substance abuse is the first step toward identification. See the steps below to help guide a conversational screening:

1. **Open the conversation** by reassuring the patient:
 - I'm going to ask you a few questions I ask all my patients.
 - Please be honest. I will keep your answers confidential.
2. **Use the appropriate prenatal screening tool** (see other side), according to the patient's age.
3. **Let us know** if an AmeriHealth Caritas Pennsylvania member screens positive by:
 - Reporting a positive screening on the Obstetrical Needs Assessment Form (ONAF).
 - Contacting the Bright Start® prenatal care program for a list of area resources to support the member by calling AmeriHealth Caritas Pennsylvania Bright Start Maternity Services at **1-877-364-6797**.

¹ Opioid abuse, dependence, and addiction in pregnancy. Committee Opinion No. 524. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2012; 119: 1070-6.



Women age 26 or younger
<p>CRAFFT Substance Abuse Screen for Adolescents and Young Adults²</p>
<p>C – Have you ever ridden in a car driven by someone (including yourself) who was high or had been using alcohol or drugs?</p>
<p>R – Do you ever use alcohol or drugs to relax, feel better about yourself, or fit in?</p>
<p>A – Do you ever use alcohol or drugs while you are alone?</p>
<p>F – Do you ever forget things you did while using alcohol or drugs?</p>
<p>F – Do your family or friends ever tell you that you should cut down on your drinking or drug use?</p>
<p>T – Have you ever gotten in trouble while you were using alcohol or drugs?</p>
<p>Scoring: Two or more positive items indicate the need for further assessment.</p>

Women age 27 or older
<p>4 P's³</p>
<p>Parents: Did either of your parents have a problem with alcohol or other drug use?</p>
<p>Partner: Does your partner have a problem with alcohol or drug use?</p>
<p>Past: In the past, have you had difficulties in your life because of alcohol or other drugs, including prescription medications?</p>
<p>Present: In the past month, have you had any alcohol or used other drugs?</p>
<p>Scoring: Any “yes” should trigger further questions.</p>

² Center for Adolescent Substance Abuse Research, Children’s Hospital Boston. The CRAFFT screening interview. Boston (MA): CeASAR; 2009. Available at www.ceasar.org/CRAFFT/pdf/CRAFFT_English.pdf. Retrieved February 10, 2012.

³ Ewing H. A practical guide to intervention in health and social services with pregnant and postpartum addicts and alcoholics: theoretical framework, brief screening tool, key interview questions, and strategies for referral to recovery resources. Martinez (CA): The Born Free Project, Contra Costa County Department of Health Services; 1990.

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